



# RISE Recovery

## What to expect at your Buprenorphine/Naloxone (Suboxone) Appointments



### Scheduling Appointments:

1. When you call our office, identify yourself as a Suboxone patient so that you can be scheduled correctly.
2. We will need your, Name (First and Last) as well as your Birthdate.
3. Try very hard not to change your appointment, as there are very few appointment slots available for rescheduling.

### Participation:

#### **To participate in Buprenorphine/Naloxone (Suboxone) treatment in this office you must:**

1. Be in counseling or a graduate from Intensive Outpatient Program.
2. Be in a 12-step program-you must bring in signed meeting sheets as proof that you are attending.
3. Come to all of your scheduled appointments.
4. Have monthly drug screens.
5. Women: You must be on birth control and notify us for skipped menstrual periods during treatment.
- 6. We do not treat pregnant women, you will be referred to another local agency.**
7. Have initial labs including but not limited to screening for HIV, Hepatitis C, and liver functions.
8. Avoid all addictive drugs and medications including alcohol and Marijuana.

### Medication:

1. Your medication needs frequent authorizations and approvals.
2. Please have your current insurance information available.
3. Bring your insurance card to your initial visit.
4. Please notify us with any changes to your insurance.
5. Bring in your new card when it arrives.
6. We will do this as quickly as possible but, we have no control over this process.

### Safety Reminders:

1. Buprenorphine/Naloxone (Suboxone) can interact with Grapefruit, some antibiotics and seizure medications.
2. Do not use Benzodiazepines (Xanax, Klonopin, Ativan) with Buprenorphine/Naloxone (Suboxone) it can stop your breathing.
3. Keep this drug away from children.
- 4. Women: You must be on birth control while on Buprenorphine/Naloxone (Suboxone).**
5. Let us know if you suspect pregnancy.
6. You should be vaccinated against Hepatitis B, if not we can refer you.
7. The Public Health Department have overdose reversal kits
8. You should have Narcan at home. CVS Pharmacy will provide it to you without a prescription.

Our goal is to work with you and keep you in treatment as long as necessary.

If you have any problems, please call us.

While waiting for the clinician, consider watching mindfulness videos on YouTube or an app on your phone.